



READINESS REPORTER

“Star in the East”

*REDCOM Eight’s Quarterly
Information Newsletter*

Web Site: www.redcom8.navy.mil

July 2000

Region Eight holds Leadership Retreat

Courtesy of REDCOM Eight Public Affairs
Photos by JO1 Crystal M. Raner, USN

“One can never learn enough about leadership,” “leadership is to be continually refined,” and “leadership is vital to a great navy” were some of the comments written by participants in the first-ever Naval Reserve Readiness Command Region Eight Leadership retreat that took place at the Naval Air Station, Pensacola Conference Center on Jun. 7-8.

Retreat attendees consisted of 60 senior enlisted and officer full-time support staff from the Region’s 15 Reserve Centers. Although they had spoken to each other many times before on the phone or exchanged emails, it was the first-time many participants had a chance to meet each other in person.

Designed as a mentoring opportunity, the day and a half event focused on sharing experiences and discussing viewpoints and practical approaches to leadership situations.

“I wanted the event to be inspirational rather than a textbook ‘how-to’ exercise since there is never one ‘right’ answer in leadership situations,”



YNCS(AW) Eugene Bolden, left discusses a case study with CDR David Conner.

Leadership: The art of getting someone else to do something you want done because he wants to do it.

--Dwight D. Eisenhower

said RADM Casey W. Coane, USNR, Commander, Naval Reserve Readiness Command, Region Eight. “While we had case studies and an exercise designed to help our Khakis better understand various leadership styles, I felt it was just as important to expose them to guest speakers who represented different aspects of Naval service and who could provide unique perspectives.”

Master Chief Petty Officer of the Navy, MMCM (SS/SW/AW) James L. Herdt, USN, discussed the state of the Navy and the Naval Reserve with participants and also spoke at the first evening’s opening dinner.

The following morning retired U.S. Navy VADM Richard “Sweetpea” Allen gave an inspirational and heartfelt talk about the positive impact of his Naval career on his personal charac-

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Commander RADM Casey W. Coane

“Linkage”



Last month, I hosted the first-ever REDCOM Eight Leadership Retreat in Pensacola for full-time support khaki, officer and CPO, from our 15 Reserve Centers and the headquarters staff. The purpose of the conference was to allow our senior leadership time

away from the office to reflect on being an effective leader.

To support our conference, I was fortunate to have two guest speakers. They provided two different perspectives from which to view our Navy and our responsibilities to our people. The first evening we were pleased to have the Master Chief Petty Officer of the Navy, MMCM(SS/SW/AW) James L. Herdt, USN, speak to us. MCPON Herdt struck a chord with all of us when he said that he left active duty once because

he didn't see anyone around him that he wanted to be like. He challenged us as leaders to be someone that the junior folks want to be like. (An interview with him appears on page 9 of this issue.

The following day retired U.S. Navy Vice Admiral Dick “Sweetpea” Allen spoke to the group. He reminded us of the importance of dedicating ourselves in service to our country and to appreciate the special camaraderie we enjoy with other military members. Through sea stories of his leadership lessons learned over thirty some years, he showed us that you can have integrity, stand up for your people, make mistakes, and still come out on top.

I was very pleased with this entire event, which also included case studies and discussion groups. The enthusiastic feedback that I have received has been gratifying and we will hold another retreat next Spring.

The topic of leadership leads to a discussion of training for our Non Prior Service Sailors that we are bringing aboard. The forecast is that not too far down the road these fine people will be up to 35% of our Enlisted force. Within REDCOM Eight we are working hard to improve the INDOC program. We need to do better. We are fortunate that we are recruiting mature adults with good job skills that we need. They are volunteers. They want to serve and they want to be good sailors. Who will train them? Who will teach them what it means to be a sailor? Who will be their shipmate? The NPS Accession School at Great Lakes is an important part of this process but a small part. The answer to my questions is you – the experienced Petty Officers. It is you who will turn these fine folks into sailors and shipmates. We need your leadership!

READINESS REPORTER

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As I continue to stress a theme of change in an around our force I need to update you on the decision regarding the IP 2000 initiative. RADM Brunelli has decided that on 01 OCT we will redraw boundaries to match the active Navy Regions. Therefore, REDCOM Eight will gain the five centers in North Carolina. We will also change our name to Naval Reserve Readiness Command Southeast at that time. In order to retain a major reserve air activity within each REDCOM we have agreed to transfer the Georgia centers to REDCOM Nine which also is within the Southeast Active Navy region.

We are now making real progress with our IT program. We have 13 centers with NSIPS now on the NAVRESNET. Three more will be up by the time you

read this. In August we will complete server installation and all of our centers including North Carolina and Georgia will be netted together in a Wide Area Net. This is a major move ahead. As we move forward only outstanding leadership at every level of the chain of command will allow us to be successful.

In closing, I'd like to share a thought-provoking comment from VADM Allen's remarks at our retreat: "Be thankful for the opportunity you now have and the challenges the future brings you in military service to this great Nation. Humble yourself and know that you are creating your character, the inner you, your heart, your integrity, which you will carry with you for the rest of your life."



REDCOM Eight CMC ETCM(SW) Keith O. Reese

"Farewell to My Shipmates"



This is the hardest article I have had to write for the "Readiness Reporter." The toughness comes from this being my last article. My journey is coming to a close. I will retire from the Navy on Aug. 11 with just short of 25 years combined Active, Selected Reserve and TAR time. When I count my blessings, one of the first is that I have been allowed to serve my country in our great Navy for this long. When I started this journey on Aug. 6, 1972, from the little town of Pagosa Springs, CO I had no idea where it would lead.

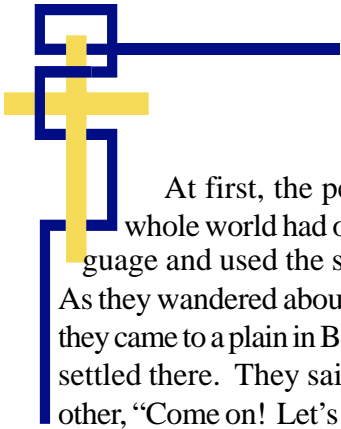
I have truly loved my journey, a journey that saw me serving in four ships, two Reserve Centers and REDCOM Eight. I saw a lot of water in my eleven years of sea duty and, with the exception of the Mediterranean Sea, have almost been around the world. I served with America's best in my 25 years.

I am especially proud of the opportunity to serve with the Best of the Best, the Naval Reserve, for the last 17 years of my journey.

Alas, it is time for this old Salt to move over so someone else can wear Two Stars and make an impact on our Navy. I truly hope that the impact I have had on each of the Sailors in REDCOM Eight has been positive. Serving as your Command Master Chief has been the highlight of my career. My good friend and able successor, PNCM(SW) Mark Greeley will be relieving me as CMC on Aug. 11. The REDCOM will be in good hands.

I wish each and every one of you the best journey possible while you serve in our Navy. Remember my advice on advancement, "Do everything that everyone else is doing, and then some."

Your CMC,
ETCM(SW) Keith O. Reese, USNR(TAR)



Chaplain's Call: "Ivory Tower"

By CAPT Glen Busby, CHC, REDCOM Eight Staff Chaplain

At first, the people of the whole world had only one language and used the same words. As they wandered about in the East, they came to a plain in Babylonia and settled there. They said to one another, "Come on! Let's make bricks and bake them hard." So they had bricks to build with and tar to hold them together. They said, "Now let's build a city with a tower that reaches the sky, so that we can make a name for ourselves and not be scattered all over the earth."

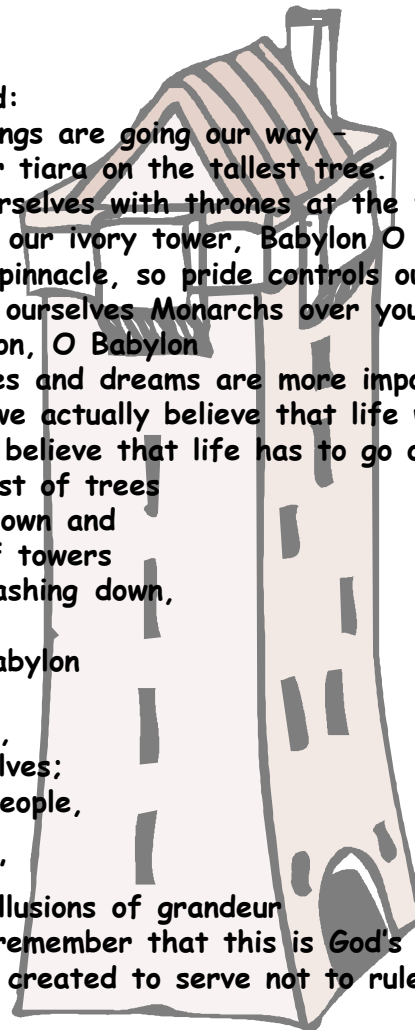
Then the Lord came down to see the city and the tower which they had built, and He said, "Now then, these are all one people and they speak one language; this is just the beginning of what they are going to do. Soon they will be able to do anything they want! Let us go down and mix up their language so that they will not understand each other." So the Lord scattered them all over the earth, and they stopped building the city. The city was called Babylon, because there the Lord mixed up the language of all the people, and from there He scattered them all over the earth. Genesis 11:1-9

The word Babylon sounds like the Hebrew for "mixed up." The people in the story began to mix up their priorities in life. They believed they were created by God to "make a name for ourselves (4)..." They forgot that God created them to do His will and His work. The saddest part of this whole story is that the harder they worked – and they built a tower that reached the sky! – the more they believed that they could do any thing they wanted to. However, God knew that the more they did for themselves, the less they would do for Him!

The city of present day Baghdad, Iraq occupies part of the area where Babylonia existed at the beginning of Biblical times. The Iraqi leaders could benefit by reflecting on the story from their past heritage. They forgot how important it is to follow God. They began to believe that they were in charge of their own destiny — they could only see an ivory tower in their future. The Gulf War started with their invasion into Kuwait. The War was not destined to become the cornerstone for an ivory tower, but rubble constructed by their present generation. Being the victors, we might proclaim the Gulf War, "The Tower of Babel II, The Kuwait Invasion," but before we cast stones, we need to look in our own mirrors and make sure we truly see "God's Image" and not our own. Joshua said it best, "as for me and my house, we will serve the Lord!" As leaders in the military service of the United States of America, we pledge to serve "under God" and not in place of God.

Almighty God:

**We think things are going our way –
We place our tiara on the tallest tree.
We honor ourselves with thrones at the top:
As we crown our ivory tower, Babylon O Babylon.
We are the pinnacle, so pride controls our desires.
We proclaim ourselves Monarchs over your dominion
and — Babylon, O Babylon
no one's hopes and dreams are more important than ours.
As royalty, we actually believe that life will turn our way –
We begin to believe that life has to go our way!
But the tallest of trees
can be cut down and
the finest of towers
can come crashing down,
because,
Babylon O Babylon
"It is God
who made us,
not we ourselves;
we are His people,
the sheep of
His pasture."
Forgive our illusions of grandeur
and help us remember that this is God's world
and we were created to serve not to rule. Amen**



Professional Information

▮ ALNAVRESFOR 14/00

MONTGOMERY GI BILL-SELECTED RESERVE (MGIB-SR) KICKER PROGRAM

The Montgomery GI Bill – Selected Reserve (MGIB-SR Kicker) Program is designed as a recruiting and retention incentive to fill critical personnel needs in the Selected Reserve. Consequently the MGIB-SR Kicker Program will be administered as an incentive (offered as a selective recruiting and retention tool), rather than an entitlement (guaranteed by law to all who qualify). Eligibility for the MGIB-SR Kicker Program may be granted only once, and the member must serve for six years in the Selected Reserve of the same component that granted the MGIB-SR Kicker incentive.

▮ ALNAVRESFOR 16/00

CANCELLATION OF THE SELECTED RESERVE ATTRITION REPORTING PROGRAM (SARP)

A new survey is being developed and will be online in October 2000 called Navy Exit Surveillance Survey (NEXISS). This survey will key in on career decision points such as reenlistment, retirement and transfer to the IRR. We will initially survey the entire force in the month of October 2000. This will give us a base line model to shape our force. In addition to NEXISS, we are conducting a survey of current attrition factors, both satisfiers and dissatisfiers, which will commence early this summer. The survey will be used to develop a Command Decision Support System (CDSS), which will enable us to maximize our retention policies and incentive programs.

▮ ALNAVRESFOR 19/00

PHYSICAL READINESS PROGRAM CHANGES

Physical training program: more so than active duty sailors, physical fitness regimens for drilling Reservists are much more a matter of personal initiative. The Naval Reserve cannot monitor, but can only expect that our reservists establish and maintain exercise and fitness plans. To promote physical fitness and provide assistance to Reservists in maintaining their personal fitness regimen, Commanding Officers may establish physical training program within their Reserve unit training schedules, such training may not be conducted on drill time if it detracts from required billet training.

**For more information, please see the ALNAVRESFOR DIRECTORY on the web at:
<http://www.navy.mil/navresfor/admin/alnavres.html>**

Navy Marine Corps Intranet

What is it? The Navy Marine Corps Intranet (NMCI) is a strategic capability the Department of the Navy (DON) will use to meet the challenges of executing our warfare doctrine in support of Joint Vision 2010, the Revolution in Military Affairs, and support the Revolution in Business Affairs. Replacing the Navy's numerous shore-based networks, NMCI will equip us with the access, interoperability, and security for our information and communications by providing voice, video and data services to all Navy and Marine Corps personnel. Coupled with the Navy's shipboard Information Technology for the 21st Century (IT21) and the Marine Corps' embarked Marine Corps Tactical Network (MCTN), NMCI will provide a worldwide reachback capability for our deployed forces.

Our People! Our people are our most important assets. NMCI is not an initiative to down size our workforce, but rather an initiative to make our workforce more efficient, more productive and better able to support the critical warfighting mission of our Naval Forces. We will make every effort to retain our Information Technology (IT) personnel in knowledge-creation, management-related activities and security oversight as we implement NMCI.

How will we pay for it? The Navy budgets for the operation of hundreds of networks and network services each year. The FY-01 IT budget submission for the Navy is \$3.46 billion. A detailed analysis of the FY-01 Budget submission by the DON indicates that approximately \$1.62 billion of the total FY-01 IT Budget could be applicable as the NMCI source funding, which exceeds the projected funding requirement.

A new approach! NMCI, an adaptation of what is commonly practiced in the commercial sector, represents a new approach to acquiring IT services for the government. NMCI will be a performance-based, enterprise-wide services contract that incorporates future strategic computing and communications capability and is managed much the same as any "utility." It will be purchased from the commercial sector just as we buy other types of utilities (e.g., water, telephone, gas and electricity) paying for the service as it is delivered. In addition, the NMCI contract requires that the prime contractor use small businesses for at least 35% of the work, and includes incentives for exceeding that figure. To facilitate visibility of small businesses, the Department has identified and publicized its current small business IT contractors in good standing.

The ultimate objective! NMCI is an all-encompassing information/communications solution. It will leverage the National infrastructure and connect the "E" in Enterprise Resource Planning. Bringing the Department together in an unprecedented way, this global connectivity will enable our civilians, Sailors and Marines to reach the rich intellectual resources that extend throughout the Naval Enterprise.

JAG Corps Continuing Legal Education showcases awards

By LCDR Nancy Gawryszewski, USNR

In an ongoing effort to ensure that JAG Corps Reservists maintain the highest level of readiness, they attend a Military Law Update Workshop once a year. There are three conferences held each year – East, West and Central. REDCOM Eight attends the Central MLUW, which was held this year Apr. 8-9 at the Renaissance Worthington Hotel in Fort Worth, TX.

Training is conducted by the Naval Justice School and their supporting Reserve unit. This year training was provided in the areas of computer crimes, restraining orders and domestic violence, military justice, military pensions, SBP, sexual harassment, homosexual policy, ethics and professional responsibility, capital punishment, and the Reserve community update. The information provided to the JAGs and Legalmen is cutting edge, and helps reinforce the “one navy” concept so that the Reservists are fully interchangeable with the active duty legal community.

One of the highlights of each conference is the awards ceremony. REDCOM Eight recipients were:

Letters of Appreciation

LN2 Sonya Jefferson
EM2 Delis S. King
LN1 Carol Terry
LT Jon Swergold
LCDR Mark Barth
LCDR Robert Shea

Senior JAG Commendation

LN2 Michelle Allen
LN1 Sherylyn Priest
LCDR Ernest James
LCDR Tom Wallace
CDR Delora Grantham
CDR Brian Washington
CAPT John Tuthill
CAPT Dave McQuiston

Announcing Logo Contest

For years REDCOM Eight has been known as “The Star in the East.” Our title and geographic area are changing and we need your help! On 1 Oct 00 we become -Naval Reserve Readiness Command Southeast (NRRCSSE) encompassing FL, SC, NC, and PR

Who can Enter: This contest is open to all personnel who will make up NRRCSSE after October 1, 2000.

Logo Information:

Digital logo requirements:

- The logo must be in color
- A 300 dpi quality at 3" by 5" or 3 meg

Hand drawn logo requirements:

- The logo must be in color
- Drawn cleanly with no eraser marks or stray lines

Prizes: The winner will:

- Receive a Flag LOC, a new NRRCSSE medallion and a plaque with new logo
- Be recognized via an article in the “Readiness Reporter”

Submission Information:

Mailing Address: Commander, Naval Reserve
Readiness Command Region Eight
Box 90, NAS
Jacksonville, FL 32212-0090
Attn: Public Affairs

E-mail: rc08n01k@navresjax.jaxm.navy.mil

Deadline is Aug. 21

Please include your full name, Reserve Center/Reserve Unit and telephone number.

Special Note: A digital representation of the NRRCSSE geographic area may be obtained at each Reserve Center.

NR NAVJAG 108, and their gaining command, OJAG, Code 20 (Military Justice) were also awarded letters of commendation.

Admiral Hugh H. Howell Awards

Outstanding Legalman

LN1 Tim Taylor

Outstanding Junior Officer

LCDR Nancy Novak Gawryszewski

Within the JAG Corps, the Admiral Howell awards are especially meaningful, and REDCOM Eight was very fortunate to have two Howell award honorees within its ranks.

Sailors “Spring Flings” in Columbia

It is the time of year when people spruce up their houses and yards. However, this “Spring Fling” as it is commonly called, took on an added meaning as the SELRES and active duty staff of the NRC Columbia went out to work again for the Homeworks organization.

This project is not new to the Center, they had worked with Homeworks last fall. However, each time the Navy participates, it makes them acutely aware of how important their participation is in the lives of these families. This was a sentiment also felt by Homeworks as the media was called in to observe the community participation. SELRES were then seen on the nightly news.

“To be able to give back to the community in any way that I can made me realize how fortunate I actually am,” said EM1 Arthur Johnson, the NRC Columbia RESPAY coordinator. “The only reward for me was to see the smiles on their faces when people realized how much we cared,” he added.

Homeworks 2000 is a locally based program that helps low-income homes get repaired. It started with a group of teenagers from local-area churches who with the help of community businesses, made



HM1 Joseph Charles installs new railings to a back porch.



MM2 Jackie Bumgardner, left, shows Homeworks’ teenagers Holly Wilson, top, and Kristie Chastin how best to replace new bricks to a weakening foundation.

repairs to rotting roofs and windows, cleared brush from around the homes, painted the exterior and interior of the homes, repair plumbing and re-wire faulty electrical work.

What better way to show off the Navy’s technical training than to have SELRES and staff members act as supervisors for the teens? They made great strides that weekend to repair at least 10 homes. Even the Hospital Corpsmen not only painted and caulked, but were also called upon to show off their medical expertise when a hammer accidentally slipped or a wound needed bandaging.

“When you have finished a project, it makes you feel good to know that someone in need has been helped, plus it’s another side of the Navy not too many people hear about,” said PN1 Richard Woods.

One way of getting homes is to contact the *We Care* group. Staff members of Homeworks visit the selected homes, assess the needed repairs and select the sites.

“With a lot of elbow grease, these teens and supervisors are giving these homes a much-needed face lift,” said Hank Chardos a volunteer and coordinator of Homeworks.



Leadership Retreat continued from front page...

ter and well-being, and the unique camaraderie shared by military service members. "No amount of money or other idols can ever replace the character and integrity developing exercise you are going through in whatever stage of your military life you are in..." he said. "Be thankful for the opportunity to serve with the greatest people in the world, your friends in the military. You won't realize how much you appreciate it until you are not part of it!"

Participants gained greater knowledge of their personal leadership styles and those of their superiors through an upbeat "Personal Bearings" presentation by the Region's Director of Mission Effectiveness, CAPT Peter M. Knoetgen.

"Based on the four personality styles we discussed, 75% of the people around you see things from a different perspective and respond to situations differently than you do. It's important for good leadership and teamwork to take that into account in your dealings with others," Knoetgen said.



A group of Leadership Retreat attendees break out into discussion.

The conference also offered attendees the chance to break out in group discussion of several case studies, and an inspirational video by University of South Carolina football coach Lou Holtz.

MCPON Call: Navy Leadership...

Question: Define good leadership?

Answer: Good leadership is consistently holding yourself to "glass house" standards. What I mean by this is that leaders live in a glass house. There are always juniors or subordinates watching their leaders to see what it takes to be successful. Leadership is practiced through a lifestyle. It is our responsibility as leaders to ensure that our actions are setting the best example and sending the right message, whenever one of our Sailors is looking to us to see "the right way" to do business.

Question: What kind of a leader does it take to lead today's young Sailor?

Answer: Today's leaders face a wide variety of challenges. First of all, they must lead in their every action — that in itself is very challenging. Secondly, today's Navy leaders are faced with a more diverse, rapidly changing Navy than ever before. Our leaders must not only keep abreast with the changes, but they must become the subject matter experts so their Sailors will al-

ways feel confident saying, "Ask the Chief." The bottom line with leadership is taking an interest in your subordinates' success, and always leading by example.

Question: What kind of Sailors are entering the Navy today?

Answer: The same kind that entered the Navy 33 years ago when I joined. Talented, motivated Americans that want an opportunity to get a good start in life and become successful. It's our job to teach them how hard they must work to attain their goals of being successful.



Question: How does our society's general mistrust for the government and military impact our ability to influence young Sailors?

Answer: The biggest factor involved here is the lack of "social trust" our Sailors have when they join the Navy. For generations, American youths have enjoyed the opportunity to trust their leaders growing up — they trusted their parents, teachers, clergymen, and anyone else that was in a leadership position in their lives. For many different reasons, today's youth don't enjoy the same blind trust in their leaders. We must earn that trust from Sailors, but once we've earned it, they are as dedicated, committed, and loyal as Sailors have ever been.

**If you treat a man as he is, he will
remain as he is;
if you treat him as if he were what he
could be, he will become what
he could be.
-- Goethe**

Question: What are their aspirations or goals?

Answer: They want to be successful, they want to get education today more than ever, and Sailors want to do a job they can be proud of.

Question: As Navy Leaders what do we need to change to keep good Sailors in the Navy?

Answer: I'm convinced that our retention efforts must change direction and refocus around the entire Navy family. We must do a better job of truly valuing Navy spouses, instead of just saying we do. Our Navy offers an amazing benefits package, we just need to do a better job of articulating what it consists of — and we're working on that with the new retention center we're standing up in Millington, TN.

If we get Navy families more involved with our Navy and better educated about our Navy, I foresee a day when Sailors would have to convince their spouses if they wanted to get out.

Question: How do the Navy Core Values fit into Good Leadership?

Answer: That's exactly what I was talking about regarding leading by example. If we lead by example, we exemplify our Navy Core Values in our daily actions. Honor, Courage, and Commitment are the guiding stars for good Navy leadership. We must set our course by them and once on target, maintain course - increase speed. Living our Core Values doesn't end when liberty call goes down. We have a responsibility to our communities to help instill the same values at home that we rely on for success at work.

Personnelman Chief earns RADM Harness Award for leadership...

By JO1 Crystal M. Raner

Whenever a Sailor gets the chance to advance to the next higher rank, proudly display their enlisted warfare pin or even pin on a Navy/Marine Corps Achievement Medal (NAM), it's a moment they'll remember throughout their Naval career. But for some, achievement means your shipmates can trust your judgement, trust you will offer them a fair shake, or even go the extra mile to help you obtain a personal or professional goal.

This type of leadership is the foundation of the U. S. Navy. Although we are constantly reminded throughout history of the great men and women who have courageously led our Sailors into battle, we don't have to look back, but rather within our ranks at PNC (AW) Daryl Green, who exemplifies in every way what it means to be a successful Navy leader.

Chief Green earned the 1999 Rear Admiral Francis W. Harness, USNR, Naval Surface Reserve Force Enlisted Leadership Award and was appropriately recognized at the Leadership Retreat recently held in Pensacola, FL. This annual award officially recognized Sailors who have demonstrated exceptional leadership qualities and have made significant contributions to the Naval Reserve. This award provides inspiration and bolsters the spirit and imagination of all Sailors who share RADM Harness's conviction that the Petty Officers and Chief Petty Officers of the COMNAVSURFRESFOR enlisted community are the heart and soul of the Force.

Being selected for this award has reinforced Green's convictions as to what it takes to be a responsible leader. Receiving this recognition was a direct result of his hard work and dedication to his shipmates.

"I think it was a combination of some of the things I've accomplished and the endorsement of my chain of command. I think it was also luck. I believe luck is when training, doing your job and opportunity all come together. Having met Admiral Harness on several occasions, I know

that one of his major issues was customer service to our Selected Reservists. I also believe this to be very important. Additionally, as are all CPOs, I'm trained to be humble and in winning this prestigious award I remain true to my training. I think it helps to show the Petty Officers that work with me that their efforts are acknowledged and that they can also achieve. It's important because it means that some of the things I'm doing as a leader are validated," Green commented.

Chief Green, with 15-years of Naval experience under his belt, admits training is the key to successful leadership.

"Training has been a key factor in my development as a leader. I have tried to literally soak in training to become a better leader," he said. "Total Quality Leadership courses, leadership continuum courses, the Franklin Covey Course, Instructor Training, success seminars and most

recently a leadership conference have all been vital to my development. The training, combined with books I've read and the on the job training I receive daily from the people I supervise have culminated into making me a better person and a better leader," he added.

Today's Navy has changed since Chief Green came in 15 years ago. The junior Sailors are faced with many society challenges that make trusting their clergy, parents, political leaders, and even teachers a formidable task. Today's Navy leaders are given a 'mixed bag of tricks' to assist in the creation of Sailors who are capable of functioning like a 'fine tuned machine'. Much of team concept comes from a change in how Navy leader's lead.



MCPON MMCM(SS/SW/AW) James Herdt, left and REDCOM Eight CMC ETCM(SW) Keith Reese, right, present NRC Columbus' Command Chief PNC (AW) Daryl Green the RADM Harness Award for Leadership.

A personal account: *NMCRC Jacksonville Reservist performs medical services in Vietnam*

Giving People a New Lease on Life

CDR Belinda C. Shauver of Naval Hospital Unit 108 visited Vietnam on no-cost AT orders, under the auspices of the Joel Smeenge Foundation, in Ho Chi Minh City (known as Saigon by most people in Vietnam). During her visit she helped perform cosmetic surgery on 51 people with serious facial deformities, changing their lives in a positive way forever. "We got the idea for the trip in November when we worked on a child named Silo Mteme," explains Shauver. "The Foundation flew him over from Kenya, and in a 20-hour operation we recreated his skull. The boy had been so seriously deformed that his villagers banished him from the village, believing him to be a demon. After his surgery when he returned to his village, he was welcomed back."

A Difficult Trip to Arrange

"We discussed back then, how could we go to Vietnam? As a Nurse Anesthetist I would have to take everything I would need to do the operations in a very poor foreign country in a very far away corner of the world. Our team would have to bring all our own medical supplies, and all of the funds for this would have to be donated. So we solicited for donations from January right up until the day we left. And after researching a bit, I realized that I would have to go on no-cost orders. But through some hard work and after CAPT Kristine Carlock and her team of people at NMCRC Jacksonville were able to really jump through some hoops to make it happen, I was able to pick up my orders on the day I planned to go to Vietnam."

The Surgical Team

"It was a very busy trip—51 operations in 17 days. Most operations took 4 to 6 hours, and we had 3 teams going at all times. I would start on one case, teach the anesthetist what he needed to do, and I would move on over to the next case. In



A 14 month-old girl underwent surgery to repair a birth facial deformity.

all we had 2 anesthetists, 3 surgeons, 2 nurses, and an anaplastologist who does nothing but makes eyes, noses, and ears out of plastic, on our team. It was phenomenal. We operated on 1 adult and 50 children, and it was exceptionally gratifying to see the children put back together again."

Rich in Spirit

"The facial deformities were primarily congenital, formed in-utero by poor nutrition. The people of Vietnam are very poor. Our poor have more than some of their rich do. But they are a very graceful people. There was no animosity toward anyone in our group at all. Everyone was really grateful to see us."

From pariah to normal child

"This surgery is not a luxury; it allows people to begin living normal lives and be accepted by their peers. So we are giving them the chance to live ordinary lives. But two children really stand out. A little 14 month old's deformity made her face look like a gargoyle. She had an amniotic band of skin that cut across her face and split her eye and mouth. After extensive reconstructive surgery on her eye and face, she was done.



Naval Reserve Nurse Anesthetist CDR Belinda C. Shauver, left in surgery.

When we brought her out she looked so much better that her parents and the receptionist nurse started crying.

The payoff

"Our goal is also to teach them to do this when we are gone. I taught a team of anesthetists. We don't want to just do it and leave. We want to help them learn to help themselves. I got out of it a thousand times more than what I put into it. The actual connection with children truly in need is something I will carry with me for the rest of my life. That I was able to teach other anesthetists means it will not just be what we did, then left. Our work will continue in spite of our not being there, and it cost me nothing but time."

Conner assumes command of NRC St. Petersburg

Story and photo by JOC Tom McCarthy, USNR

CDR David J. Conner Jr., USNR relieved CDR Adolf A. Ramirez, USNR as Commanding Officer of NRC St. Petersburg in a ceremony held on Jun. 3 that marked the beginning of a Reserve Center leader's command and the end of a long, proud Naval career for another.

"I would like to thank the officers and crew of the center for the dedication and professionalism you've shown in serving your country. I look forward to the honor and privilege of serving with you, and I intend to always be worthy of your respect and support," said Conner.

Guest speaker for the dual ceremony was RADM Casey W. Coane, Commander, Naval Reserve Readiness Command Region Eight.

"It's important to have strong inspirational leaders, and CDR Adolf Ramirez is one of those leaders. His performance as Commanding Officer of this Reserve Center has been exceptional. This has been evidenced by the attainment of not one, but two *Sidney Fields Awards for Excellence* in command readiness during 1997 and 1998. That is unprecedented, and that says a lot about all of you," said RADM Coane.

For service during his tour as Commanding Officer, RADM Coane presented Ramirez with the Meritorious Service Medal.

"This award is really for the work of the Selected Reservists and active duty staff here at NRC St. Petersburg. In the four years I've been assigned here, they

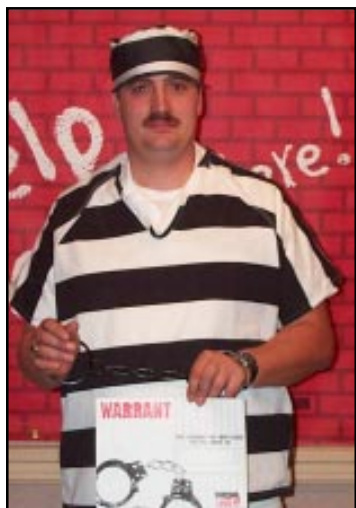
have been doing what has been expected and excelling. Thank you for making this a great tour. It was an honor to be a member of NRC St. Petersburg and REDCOM Eight," concluded Ramirez.



RADM Coane congratulates CDR Ramirez for his Meritorious Service Medal.

CDR Ramirez and his family will be moving to Everett, WA to start his second career after a 22-year Naval career.

U. S. Navy photo by HMI Toler



NRC Columbus supports Muscular Dystrophy Association

By JO2 Linda Willoughby, USNR

PN1 William McCluskey gave up a morning of freedom when he was arrested while at work. It was all in good fun and for a worthy cause – the Muscular Dystrophy Association (MDA) which not only raises money for treatment and therapy, but also for research and development. This money also sends children who have MD to a special camp. McCluskey raised \$125 which not only helped out the MDA, but also got McCluskey out of jail.

PN1 William McCluskey with the warrant and hand cuffs that got him arrersted.

MIUW Unit 205 Reservists support NATO Exercise *Linked Seas 2000*

Mobile Inshore Undersea Warfare Unit Det 205 (Charleston, SC) (MIUW 205) Reservists supported *Linked Seas 2000*, a NATO exercise conducted recently in Troia, Portugal with forces from 13 member nations and five Partnership for Peace countries.

RADM Casey W. Coane, USNR, Commander, Naval Reserve Readiness Command Region Eight was in attendance at the NATO exercise. "Linked Seas 2000 was the biggest exercise ever conducted by Commander in Chief South Atlantic. MIUW 205 helped make it a success. This is what we are all about -- Reservists forward making real things happen," RADM Coane said.

This exercise marked the first participation of Partnership for Peace countries including Austria, Bulgaria, Estonia, Georgia and Romania. Forces tested maritime and amphibious operations, mass casualty evacuation and humanitarian assistance. Joint and combined NATO participants included forces from Belgium, Canada, Denmark, France, Germany, Italy, the Netherlands, Norway, Portugal, Spain, Turkey, the United Kingdom and the United States.

MIUW 205 Reservists filled key exercise billets including operational watchstanding, coastal mine warfare, logistics, medical and public information. No matter what the job, Reservists were praised for their seamless integration with active-duty counterparts.

MIUW 205 Reservist protects his turf.



Top: RADM Casey W. Coane, Commander, REDCOM Eight, and MIUW 205 Reservists discuss the plan for the day outside their post.

Bottom: RADM Casey W. Coane Commander, REDCOM Eight gets a lesson on MREs from MIUW 205's Commanding Officer, CAPT Robert Perry.,



NRC Columbus takes students under their wings

NRC Columbus's full-time staff adopted J.D. Davis Elementary School, which includes pre-K through 5th grade.

The "Adopt a School" program, began several years ago, had been put on the back burner until PN1 Bryan Gerstel became interested and reactivated the program. Today, YN2 Jenkins has taken up the gauntlet as coordinator and has recruited 80 percent of the full-time staff.

As mentors to a particular student, or in PNC Daryl Green's case – 16 students, they help the student with any particular learning problem and celebrate each achievement with them. Some staff members bring students into their home for barbeques or take students to a movie.

"I encourage them to do well in school and keep track of what they are learning. When I come in they tell me, Chief Green I can spell c-a-t now," Green said.

He began with mentoring of one child and the others began wanting to know where their "Chief Green" was so now he mentors all 16 children in the class. Periodically the teacher will ask that he take a child aside for a one-on-one discussion if the teacher feels there is a problem that the child is having difficulty talking about.



PNC Green with Anthony, one of the J.D. Davis students he mentors.

REDCOM Eight Essay Contest 2000

Have you ever heard yourself say, "Man if I were in charge even for a just a day, I'd sure change..."

Well, now is the chance to voice your opinion!

This year's essay topic:

"If you were responsible for making a major change in the way the Naval Reserve does business, what would it be and why?"

Who can Enter:

The contest is open to all Reserve Center Full Time Support and Naval Reservists within Region Eight. The aim of this contest is to promote Navy Programs and Navy Core Values awareness.

Essay Format:

All essays need to be a 1000 words or less in Word format and e-mailed to rc08n01k@navresjax.jaxm.navy.mil or mail a disc and paper copy to:
Commander, Naval Reserve Readiness Command Region Eight (N01H1)
Box 90, NAS
Jacksonville, FL 32212-0090

Deadline is September 15. Please include your full name, Reserve Center/Reserve Unit and telephone number.

Recognition and Prizes:

A REDCOM Eight panel of enlisted members, officers and one civilian will decide a first, second and third place winner.

First place winner will:

- Have his/her essay run in the October issue of the "Readiness Reporter"
- Have his/her essay posted on the REDCOM Eight Web Site
- Receive a certificate from Commander, Region Eight
- Receive a Commander, Region Eight medallion

Second and third place winner will:

- Have his/her essay posted on the REDCOM Eight Web Site
- Receive a certificate from Commander, Region Eight.

For more information about the REDCOM Eight Essay Contest, contact Public Affairs at 1-800-201-4199, ext. 125 or e-mail: rc08n01k@navresjax.jaxm.navy.mil

NRC Charleston Naval Reservists hold Health Fair

By JO2 Margaret A. Berry, USNR

Accomplishing two tasks at once is always satisfying. Naval Hospital Jacksonville Detachment 1508, based in Charleston, found a way to help the community and also provide unit education and training. The unit held a health fair at the Naval Weapons Station, Charleston gymnasium for Reservists, active duty and their families focusing on nutrition and weight management, screening for cholesterol and hypertension and women's and men's health issues.

Over 100 Reservists, Reservists' families, active duty, their families and retired active duty personnel attended the health fair. "Initially we were only going to target Reservists, but then we decided to hold it at the Weapons Station and open it up to active duty, families

Dallas Sewell puts on weight. A special device is used to simulate a person weighing an additional twenty pounds so that a person will have a better understanding of how additional weight would affect their ability to accomplish every day tasks like breathing and walking.



Health Fair



HM2 Kevin Fabian pricks a finger to administer a cholesterol screening test.

and retirees," said HM3 Matthew Simonetti, assistant health fair coordinator.

Information was provided ranging from cholesterol and blood pressure screening, sexually transmitted diseases and breast cancer, in addition to many others.

Each topic was chosen by the corpsmen and then teams were formed. Each team researched their topic, became "experts" and created a display for the health fair. "This was good for a few reasons. We learned about a subject that interested us from our research. It was also a good morale and team builder," HM2



LT Cornelia L. Moran, of Naval Hospital Jacksonville Detachment 1508, checks someone's blood pressure during the Health Fair conducted by Naval Reserve Naval Hospital Jacksonville, Detachment 1508.

Charline Fennell said. "We have been working on this for about six months and it has given us something different to look forward to for our monthly drills," HM2 Penny Krusen added.

The health fair supported the Navy Health Promotion Program, which encourages healthy lifestyle choices and increases organizational and individual readiness. There are seven areas targeted by the Navy Health Promotion Program, which were also topics covered at the health fair. "The Navy mandated areas of concern are: physical fitness, nutrition and weight management, tobacco cessation, alcohol and drug awareness, back injury prevention; control of hypertension, and stress management/suicide prevention," CDR (SEL) Ann Dalter, Health Promotions director, said.

Additional health topics displayed were diabetes, sports injury prevention, home safety and 12-step behavioral support groups. "The best branch of service for early detection of possible alcohol abuse is the Navy. Once a potential problem is detected, an evaluation is completed and help is initiated quickly," an Alcoholics Anonymous representative said.

Various Reserve units and some active duty stations assisted with the health fair, emphasizing the "One Navy" concept. The Health Promotion Departments of Naval Hospitals Charleston and Beaufort and the Beaufort Marine Corps Air Station provided static displays and educational handouts for the health fair. Reserve Center Charleston units also provided manpower support.

The goals set by DET 1508 were achieved, but not only in numbers. "The success of this health fair was rekindling the esprit de corps which builds teamwork at its best, and as an added bonus we have training for the year and education for advancement," Dalter said.

LCDR Pelli "walks the line", while wearing the drunk driving goggles, for a simulated drunk driving test.



IT2 Mary Fontanella examines the model breast with cancer lumps provided by the Naval Hospital, Beaufort.



This column is provided by REDCOM Eight's Health Promotions Committee, called *LifeLine*. Its purpose is to heighten our health awareness, whether it be physical, mental or spiritual. We ask that you visit our web site (www.redcom8.navy.mil/navprog/lifeline.htm) at least once a month; as we will be spotlighting many "healthful" tips that can make a difference in your life. If you have any concerns or questions, please do not hesitate to call REDCOM Eight at 1-800-201-4199, ext. 101 or e-mail CAPT (sel) Melanie Johnson, REDCOM Eight's Health Promotions Director.

**Featured on our Web Site:
Responsible Drinking**

Region Eight Accomplishments

Navy & Marine Corps Commendation

Atlanta

CDR Ronald D. Abate

Columbus

CDR Marilyn Gregg

Jacksonville

CDR James Fossa
HTCS(SW) Robert Fisk
PNC Keith Wheren
QM1(SW) George Correa
GM2(SW) Brian McKenna

Miami

CDR Marion Evans

Orlando

LTCDR Roger Kulavich

Joint Achievement

Miami

CDR Mary Downing

Navy & Marine Corps Achievement

REDCOM Eight

YN1 Shannon Bresnock
YN2 Christina Lupton

Charleston

MM1 Derrell Barber

Columbus

PNC(AW) Daryl Green
STGC Brett Reams

Greenville

HT2 Sheila Bushnoe
BM2 Mark McDow
BU2 John Scott
BU2 Gordon Weigand
UT3 Raeford Porter
SN Paul Morris

Jacksonville

CDR Ariel Nagles
LCDR Darlene Simmons
TMC Edwin Smith
HM1 Cynthia Hawes
PH1 David Law
HM1 Ramond Libby
YN1 Linda Nyitrai
ET1 Randal Smith
HM1 Pamela Synnes

Miami

QM1 Albert Barcelo
BM1 Steven Nelson
SM2 Hector Delgado
EN2 William Fackenthall
SK3 Sabine Gousse
DT2 Leonard Kohs
BM3 Michael Hencken

Orlando

LT William Pike
SKC James Pohlen
IT1 Steven Beolet
EM1 Patrick Farina
MA1 Craig Heber
OS1 Franklin McIntire
ET1 Chris Pierce
STG1 John Shaw
IT1 Kevin Walsh
HM1 William Watkins
SK2 Randal Beale
DC2 Jan Chatterton
MA2 Laurance Driscoll
IT2 Thomas Fink
STG2 Jamie Truax
TM2 Jerry Hagin
SN Terri Davidson

West Palm Beach

EM1 Norbert Fabry

SOQs

REDCOM Eight

SK1 Lita Taylor (1st Qtr)

Jacksonville

YN2 Kimberly Barr
EN2 Wendall McLellan

Orlando

PN1 Richard Hopson
FC1 Leslie Marzke

Advancements

Charleston

TM1 Kenneth Booker
CM3 Christopher Broach
HM2 Melody Bull
BM3 Curtis Dupree
SH1 Joseph Ferneza
MS2 Zuwan Jones
GSM3 Derrick June
GM2 Timothy Morris
HM3 Holly Rock
PNSN Anitra Stallings
ET1 Shawn Steele
MS1 Greg Steinhaur

Greenville

HM1(SW) Michael Hunter

Orlando

YNSN Shyenthia James

Good Conduct

Orlando

CTA1 Paul Stevens

NR Meritorious Service

Columbus

SWC Larry Whisnant
TM1 Daniel Croshaw
IT2 Carolyn Clark
SW2 Russell Couch
GM2 Michael Mitchell
CE2 Rodney Radford
SK3 Stacey Tucker

Military Outstanding Volunteer Service

REDCOM Eight

JO1 Crystal Raner
SK1 Lita Taylor

Charleston

YN1 Gary Lee

Jacksonville

CDR Ariel Nagles
HM1 Cynthia Hawes

Orlando

CDR Michael Werner
OS1 Ronald Hill
ET2 Keith Paul

How do I get my shipmates' name here?

The "READINESS REPORTER" is published quarterly. Send a list of awardees for the last quarter (include type of award, rank/rate, first and last name); via e-mail to:

rc08n01k@navresjax.jaxm.navy.mil

Please follow the format depicted on this page when submitting award lists. This saves time in the consolidation process. Missing information will result in the awardee's name being deleted.